

Terms of Relative Position and Direction

(6 pairs – Text Pg 6)

- 1) **Lateral:** is away from or further from the midline
Medial: is towards or closer to the midline
- 2) **Proximal:** Closer to the trunk or point of attachment; top of limb segment.
Distal: Away from the trunk or point of attachment; bottom of limb segment
- 3) **Anterior:** (ventral) Towards the front of the body
Posterior: (dorsal) Towards the back of the body
- 4) **Superior:** Towards the top of the body
Inferior: Towards the bottom of the body
- 5) **Deep:** Farther away from the surface of the body
Superficial: Closer to the surface of the body
- 6) **Plantar:** Towards the sole of the foot
Dorsum: Uppermost surface of the foot

Complete the following Diagram:

