Terms of Relative Position and Direction
(6 pairs – Text Pg 6)

1) **Lateral:** is away from or further from the midline
   **Medial:** is towards or closer to the midline

2) **Proximal:** Closer to the trunk or point of attachment; top of limb segment.
   **Distal:** Away from the trunk or point of attachment; bottom of limb segment

3) **Anterior:** (ventral) Towards the front of the body
   **Posterior:** (dorsal) Towards the back of the body

4) **Superior:** Towards the top of the body
   **Inferior:** Towards the bottom of the body

5) **Deep:** Farther away from the surface of the body
   **Superficial:** Closer to the surface of the body

6) **Plantar:** Towards the sole of the foot
   **Dorsum:** Uppermost surface of the foot

Complete the following Diagram: